

KAYLA REED-FITZKE**CURRICULUM VITAE**

Assistant Professor, University of Iowa
 240 S Madison Street • Iowa City, IA 52242
 319-335-5285 • kayla-fitzke@uiowa.edu
 FRIENDS of the Tallgrass • tallgrassfriends.uark.edu

EDUCATION

- 2017 *Florida State University*, Tallahassee, FL
 Doctor of Philosophy, Marriage and Family Therapy
 Dissertation: The Role of Basic Psychological Needs in Determining Well-being: A Study of Diverse Samples of Emerging Adults
 Chair: Dr. Mallory Lucier-Greer
- 2016 *Florida State University*, Tallahassee, FL
 Certificate, Measurement and Statistics
- 2013 *University of Kentucky*, Lexington, KY
 Master of Science, Family Sciences
 Emphasis: Marriage and Family Therapy
 Thesis: How Parental Divorce During Emerging Adulthood Gives Meaning to Women's Experiences: A Phenomenological Approach
 Chair: Dr. Trent S. Parker
- 2011 *Virginia Tech*, Blacksburg, VA
 Bachelor of Science, Human Development; Professional Helping Skills
 Minor: Psychology
 Magna Cum Laude

PROFESSIONAL CREDENTIALS

AAMFT Approved Supervisor (AAMFT Member #139155; Effective through 07/2024)
 Licensed Marriage and Family Therapist (Iowa #089622; Effective through 09/2020)

PROFESSIONAL EXPERIENCE

- 2020-Current *Research Fellow*, University of Iowa Public Policy Center.
- 2017-Current *Assistant Professor*, Couple and Family Therapy, University of Iowa.
- 2019-2020 *Research Consultant*, Military REACH, Auburn, AL.
- 2016-2018 *Research Consultant*, CampusESP Inc., Philadelphia, PA.

- 2013-2016 *Project Co-Manager*, Emerging Adult Healthy Relationships Study, Florida State University. Lead Investigator: Dr. Mallory Lucier-Greer.
- 2012-2013 *Graduate Research Assistant*, Empathy Coding Project, University of Kentucky. Lead Investigator: Dr. Trent S. Parker.
- 2011-2013 *Graduate Assistant*, Managing in Tough Times Initiative, University of Kentucky, Lexington, KY.

HONORS AND AWARDS

- 2018 *Article of the Year Honorable Mention*, JMFT.
- 2017 *AAMFT Graduate Student Research Award*, AAMFT.
- 2016-2017 *Graduate Student Research and Creativity Award Nomination*, FSU.
- 2016 *May Watson Connor Scholarship*, FSU.
- 2015 *Dr. Ava D. Rodgers Endowed Scholarship*, FSU.
- 2015 *Carolyn X. Hudnall Memorial Scholarship*, FSU.
- 2014 *Student Proposal Award*, NCFR Education and Enrichment Section.
- 2010 *Life Saver Award*, RAFT Crisis and Intervention Hotline.

PUBLICATIONS

Refereed Journal Articles (15 total)

*Gamboni, C., *Watters, E., **Reed-Fitzke, K.** (in press) Gender, religious, and political ideologies among three-generation families: Implications for family conflict. *Family Relations*.

Reed-Fitzke, K., & Lucier-Greer, M. (in press). Basic psychological need satisfaction and frustration: Profiles among emerging adult college students and links to well-being. *Contemporary Family Therapy*.

Duncan, J. M., **Reed-Fitzke, K.**, Ferraro, A. J., Wojciak, A. S., *Smith, K. S., & Sánchez, J. S. (2020). Identifying risk and resilience factors associated with the likelihood of seeking mental health care among U.S. Army soldiers-in-training. *Military Medicine*, 1-8. Advance Online Publication. 1-8. <http://doi.org/10.1093/milmed/usz483>

Reed-Fitzke, K. (2020). The role of self-concepts in emerging adult depression: A systematic research synthesis. *Journal of Adult Development*, 27(1), 36-48. <http://doi.org/10.1007/s10804-018-09324-7>

Reed-Fitzke, K., & Lucier-Greer, M. (2020). The buffering effect of relationships on combat exposure, military performance, and mental health of U.S. Army Soldiers: A vantage point for CFTs. *Journal of Marital and Family Therapy*, 46, 321-336. <http://doi.org/10.1111/jmft.12402>

*denotes graduate student

- Reed-Fitzke, K.**, Lucier-Greer, M., *Gamboni, C. M., Rivera, P. M., & Ferraro, A. J. (2020). Beliefs about romance and mate selection and intentions to seek therapy: A latent profile analysis of emerging adults. *Marriage & Family Review*, 56(1), 72-90. <http://doi.org/10.1080/01494929.2019.1635953>
- Duncan, J. M., Lucier-Greer, M., Ferraro, A. J., & **Reed-Fitzke, K.** (2019). The role of social support in predicting depression and task overload among college students. *Journal of Human Sciences and Extension*, 7(1), 180-194.
- Reed-Fitzke, K.**, Withers, M., Ferraro, A. J., Lucier-Greer, M., & Duncan, J. M. (2019). A growth curve analysis of self-esteem and depression throughout emerging adulthood: The role of the family. *Emerging Adulthood*. Advance Online Publication. 1-13. <http://doi.org/10.1177/2167696818813286>
- Suedbeck, J. R., & **Reed-Fitzke, K.** (2019). Easing anxiety with therapy dogs. *Dimensions of Dental Hygiene*, 17(3), 31-34.
- Reprinted as* Suedbeck, J. R., & **Reed-Fitzke, K.** (2020). Introducing a therapy dog into practice. *Decisions in Dentistry*, 6(1), 1-4.
- Duncan, J. M., Withers, M. C., Lucier-Greer, M., Ferraro, A. J., & **Reed-Fitzke, K.** (2018). Research note: Social leisure engagement, peer support, and depressive symptomology among emerging adults. *Leisure Studies*, 37, 343-351. <http://doi.org/10.1080/02614367.2017.1411968>
- Withers, M., Reynolds, J., **Reed, K.**, & Holtrop, K. (2017). Dissemination and implementation research in marriage and family therapy: An introduction and call to the field. *Journal of Marital & Family Therapy*, 43, 183-197. <http://doi.org/10.1111/jmft.12196>
- Honorable Mention for JMFT Article of the Year.*
- Reed, K.**, Duncan, J. M., Lucier-Greer, M., †Fixelle, C., & Ferraro, A. J. (2016). Helicopter parenting and emerging adult self-efficacy: Implications for mental and physical health. *Journal of Child and Family Studies*, 25, 3136-3149. <http://doi.org/10.1007/s10826-016-0466-x>
- Reed, K.**, Lucier-Greer, M., & Parker, T. S. (2016). Exploring parental divorce among emerging adult women: The roles of support networks and family relationships. *Professional Psychology: Research and Practice*, 47, 231-241. <http://doi.org/10.1037/pro0000090>
- Reed, K.**, Parker, T. S., Lucier-Greer, M., & Rehm, M. (2016). Exploring how parental divorce provides meaning to personal development and interpersonal experiences among emerging adult women. *Contemporary Perspectives in Family Research*, 10, 253-279. <http://doi.org/10.1108/S1530-353520160000010010>

*denotes graduate student

†denotes undergraduate student

Reed, K., Ferraro, A. J., Lucier-Greer, M., & †Barber, C. (2015). Adverse family influences on emerging adult depressive symptoms: A stress process approach to identifying intervention points. *Journal of Child and Family Studies*, *24*, 2710-2720. <http://doi.org/10.1007/s10826-014-0073-7>

Invited Work (5 total)

Reed-Fitzke, K., & Lucier-Greer, M. (2020). Difficulties in the transition to adulthood. In K. S. Wampler, L. M. McWey (Eds.), *The handbook of systemic family therapy: Systemic family therapy with children and adolescents*. Hoboken, NJ: John Wiley & Sons.

Duncan, J. M., **Reed-Fitzke, K.**, Howard, S., & Ferraro, A. J. (2018). Family well-being & the importance of engaging in core leisure activities together. *National Council on Family Relations Report: Family Focus Section*, *63.2*(FF76), F10-F11.

Howard, S., Duncan, J. M., Ferraro, A. J., & **Reed-Fitzke, K.** (2018). The importance of military family leisure and doing activities together. *National Council on Family Relations Report: Family Focus Section*, *63.2*(FF76), F16-F17.

Ferraro, A. J., Duncan, J. M., †Davis, T. R., & **Reed, K.** (2015). Blended families: Here and now. *CFLE Network*, *27*(2), 20-23. <http://doi.org/10.13140/RG.2.1.4418.5203>

Lucier-Greer, M. & **Reed, K.** (2015). Review of “Should I try to work it out? A guidebook for individuals and couples at the crossroads of divorce” by A. J. Hawkins, T. A., Fackrell, & S. M. Harris. (2013). *Journal of Marital & Family Therapy*, *41*, 384-385. <http://doi.org/10.1111/jmft.12112>

Technical Reports (4 total)

Duncan, J. M., **Reed-Fitzke, K.**, Ferraro, A. J., Wojciak, A. S., *Smith, K. S., & Sánchez, J. S. (2020). *Report in brief: Identifying risk and resilience factors associated with the likelihood of seeking mental health care among U.S. Army soldiers-in-training*. Retrieved from http://ppc.uiowa.edu/sites/default/files/risk_and_resilience_-_soldiers_in_training_v2_0.pdf

Peterson, N., & **Reed-Fitzke, K.** (2018). *Student persistence increases with parent engagement*. Philadelphia, PA: CampusESP. Retrieved from <https://docsend.com/view/768qv52>

Reed-Fitzke, K. (2017). *Parent engagement is connected to student retention*. Philadelphia, PA: CampusESP. Retrieved from <https://docsend.com/view/nhaux4z>

Reed, K. (2017). *Modern parent college involvement trends: A brief study on how different types of parents and their students communicate, to partner for success in college*. Philadelphia, PA: CampusESP. Retrieved from <https://docsend.com/view/kwu4zw7>

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†denotes undergraduate student

Manuscripts Under Review (10 total)

Duncan, J. M., Ferraro, A. J., **Reed-Fitzke, K.**, & Killian, T. S. (major revisions). Social leisure participation and its association with psychological adversity and health care visits: A comparison of U.S. military veteran and civilian older adults from the National Social Life, Health, and Aging Project

Ferraro, A. J., Lucier-Greer, M., Withers, M. C., **Reed-Fitzke, K.**, & Duncan, J. M. (under review). Patterns of depressive symptomology during emerging adulthood: The parent-child relationship's enduring impact.

Mikucki-Enyart, S., **Reed-Fitzke, K.**, & *Peterson, A. (under review). Utilizing relational turbulence theory to understand perceptions of intimate partner violence among emerging adult college students.

Reed-Fitzke, K., Duncan, J. M., Wojciak, A. S., Ferraro, A. J., Sánchez, J., & *Smith, K. M. (under review). A person-centered approach to identifying at-risk U.S. Army soldiers-in-training based on adverse childhood experiences.

Reed-Fitzke, K., Ferraro, A. J., Duncan, J. M., Wojciak, A. S., *Hamilton, A., & *Pippert, H. (under review). Resilience in Army STARRS: Evaluating psychometrics of a multi-dimensional resilience measure.

Reed-Fitzke, K., *Watters, E. R., Wojciak, A. S., & *Hamilton, A. (under review). An examination of the Connor-Davidson Resilience Scale for use among emerging adults: A systematic review and meta-analytic factor analysis.

Reed-Fitzke, K., Withers, M. C., & *Watters, E. R. (under review). Longitudinal connections of self-esteem and depression among adult children and their parents.

*Smith, K., *Cobb, K., **Reed-Fitzke, K.**, Ferraro, A. J., Duncan, J. M., & Lucier-Greer, M. (under review). Connections between parental attachment and emerging adult depression and loneliness: The role of peer social support.

*Smith, K., & **Reed-Fitzke, K.** (under review). An exploration of factors related to service utilization in emerging adults: Loneliness and psychosocial supports.

*Watters, E. R., & **Reed-Fitzke, K.** (under review). Abuse and adolescent internalizing and externalizing behaviors: A stress process approach to examining the role of parent-child relationships.

**denotes graduate student*

PRESENTATIONS

Invited Keynote Presentations and Lectures (6 total)

Reed-Fitzke, K. (2019, October). *Using research to promote well-being during emerging adulthood* [Research Lecture Series]. Kansas State University Human Development and Family Science Undergraduate Students, Manhattan, KS.

Mikucki-Enyart, S. L., & **Reed-Fitzke, K.** (2019, September). *Utilizing relational turbulence theory to understand intimate partner violence among emerging adult college students* [Lunch & Learn]. UI Public Policy Center, Iowa City, IA.

Reed-Fitzke, K. (2019, July). *Getting to know Army STARRS Part 2* [Webinar]. Military REACH, Auburn, AL.

Reed-Fitzke, K. (2019, June). *Getting to know Army STARRS Part 1* [Webinar]. Military REACH, Auburn, AL.

Reed-Fitzke, K. (2019, April). *Changing social roles in the context of emerging adulthood* [Keynote Plenary]. Southeastern Council on Family Relations Conference, Bentonville, AR.

Reed-Fitzke, K. (2019, April). *Are parent-child relationships still important for emerging adults in college?* [Research Presentation]. University of Iowa College of Education Faculty Research Series, Iowa City, IA.

Refereed Conference Presentations (34 total)

Ferraro, A. J., Duncan, J. M., Marini, C., *McLain, S. N. & **Reed-Fitzke, K.** (2020, November). Impact of military peer interaction on the use of coping strategies to alleviate long-term health effects of combat-related traumatic experiences. In Duncan, J. M. (Chair), *The fight at home: Understanding the contexts of stressful experiences for military families* [Symposium]. National Council on Family Relations Conference, held virtually due to COVID-19.

Reed-Fitzke, K., Ferraro, A. J., Duncan, J. M., Wojciak, A. J., *Hamilton, A., & *Pippert, H. D. (2020, November). Psychometric evaluation of a multi-dimensional resilience measure: Connections to well-being among Army soldiers-in-training. In Duncan, J. M. (Chair), *The fight at home: Understanding the contexts of stressful experiences for military families* [Symposium]. National Council on Family Relations Conference, held virtually due to COVID-19.

*Smith, K. S., & **Reed-Fitzke, K.** (2020, November). *Emerging adult service utilization: Loneliness and support* [Paper Presentation]. American Association for Marriage and Family Therapy Conference, held virtually due to COVID-19.

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- *Watters, E. R., **Reed-Fitzke, K.**, Wojciak, A. S., & *Hamilton, A. (2020, November). Measuring resilience in emerging adulthood: A meta-analysis [Paper Presentation]. American Association for Marriage and Family Therapy Conference, held virtually due to COVID-19.
- Reed-Fitzke, K.**, Duncan, J. M., Wojciak, A. S., Ferraro, A. J., & *Smith, K. M. (2020, August). *The moderating role of resilience: ACEs and soldiers-in-training mental health* [Poster Session]. American Psychiatric Association Annual Conference, held virtually due to COVID-19.
- Duncan, J. M., Ferraro, A. J., *Pippert, H., & **Reed-Fitzke, K.** (2020, April). *Using available archival and secondary data to drive cutting edge research* [Roundtable]. Southeastern Council on Family Relations Conference – canceled due to COVID-19.
- Duncan, J. M., **Reed-Fitzke, K.**, Ferraro, A. J., Wojciak, A. S., *Hamilton, A., & *Pippert, H. (2020, April). *Where is the resilience in Army STARRS? Evaluating psychometrics of a multi-dimensional resilience construct* [Paper Presentation]. Southeastern Council on Family Relations Conference - canceled due to COVID-19.
- Duncan, J. M., Ferraro, A. J., **Reed-Fitzke, K.**, & Killian, T. S. (2019, November). A comparison of U.S. military veterans' and civilians' leisure participation and its association with psychological adversity and health care visits among older adults. In Duncan, J. M. (Chair), *Military families across the lifespan* [Symposium]. National Council on Family Relations Conference, Fort Worth, TX.
- Ferraro, A. J., Duncan, J. M., Marini, C. M., *McLain, S. N., & **Reed-Fitzke, K.** (2019, November). Combat-related traumatic experiences and the health of aging veterans. In Duncan, J. M. (Chair), *Military families across the lifespan* [Symposium]. National Council on Family Relations Conference, Fort Worth, TX.
- Reed-Fitzke, K.**, Duncan, J. M., Wojciak, A. J., Ferraro, A. J., Sánchez, J., & *Smith, K. M. (2019, November). Identifying at-risk U.S. Army soldiers-in-training based on adverse childhood experiences. In J. M. Duncan (Chair), *Military families across the lifespan* [Symposium]. National Council on Family Relations Conference, Fort Worth, TX.
- *Watters, E. R., & **Reed-Fitzke, K.** (2019, November). *Child abuse and internalizing behaviors in adolescence: The important role of parent* [Lightning Paper]. National Council on Family Relations Conference, Fort Worth, TX.
- Reed-Fitzke, K.**, Duncan, J. M., Wojciak, A. J., Sánchez, J., & *Smith, K. M. (2019, August). *Factors related to treatment-seeking among military members* [Paper Presentation]. American Association for Marriage and Family Therapy Conference, Austin, TX.
- Reed-Fitzke, K.**, & Withers, M. C. (2018, November). *Intergenerational connections of self-esteem and depression* [Paper Presentation]. American Association for Marriage and Family Therapy Conference, Louisville, KY.

*denotes graduate student

- *Watters, E. R., *Gamboni, C., **Reed-Fitzke, K.**, Wojciak, A. J., & Ferraro, A. J. (2018, November). *Effects of family violence/dynamics on emerging adults* [Paper Presentation]. American Association for Marriage and Family Therapy Conference, Louisville, KY.
- *Dalton, H., *Wilkins-Clark, R. E., Ferraro, A. J., *Cox, M. L., & **Reed-Fitzke, K.** (2018, November). *Effects of infidelity on well-being following divorce: Vulnerabilities for emerging adult parents* [Paper Presentation]. National Council on Family Relations Conference, San Diego, California.
- *Gamboni, C., *Watters, E. R., **Reed-Fitzke, K.** (2018, November). *Gender, Religious, & Political Ideologies Among Three-Generation Families* [Poster Session]. National Council on Family Relations Conference, San Diego, California.
- *Smith, K., *Cobb, K., **Reed-Fitzke, K.**, Ferraro, A. J., Duncan, J. M., & Lucier-Greer, M. (2018, November). *Attachment in emerging adulthood: Personal relationships and well-being* [Lightning Paper]. National Council on Family Relations Annual Conference, San Diego, CA.
- Proposal was awarded "Best Student Proposal" by the Education and Enrichment section of NCFR.*
- Ferraro, A. J., **Reed-Fitzke, K.**, & Oehme, K. (2018, July). *Managing co-parenting conflict: Emerging adults' and older adults' communication methods following divorce* [Poster Session]. International Association for Relationship Research Biennial Meeting, Fort Collins, CO.
- Howard, S., Duncan, J. M., **Reed-Fitzke, K.**, Ferraro, A. J., & Lucier-Greer, M. (2018, March). *FOMO, relatedness, and well-being in emerging adults* [Paper Presentation]. Southeastern Council on Family Relations Annual Meeting, Baton Rouge, LA.
- Howard, S., **Reed-Fitzke, K.**, Ferraro, A. J., & Lucier-Greer, M. (2017, November). *Linking psychological needs with individual well-being. The case for FOMO* [Poster Session]. National Council on Family Relations Annual Conference, Orlando, FL.
- Reed-Fitzke, K.**, & Lucier-Greer, M. (2017, November). *Performance, mental health, and unit cohesion among combat-exposed soldiers* [Paper Presentation] National Council on Family Relations Annual Conference, Orlando, FL.
- Reed-Fitzke, K.**, & Lucier-Greer, M. (2017, November). *Basic need satisfaction and frustration among emerging adult college students* [Paper Presentation]. Society for the Study of Emerging Adulthood Biennial Conference, Washington D.C.
- Reed-Fitzke, K.**, & Lucier-Greer, M. (2017, October). *Buffering combat: Important relationships and mental health* [Paper Presentation]. American Association for Marriage and Family Therapy Conference, Atlanta, GA.

*denotes graduate student

- Lucier-Greer, M., O'Neal, C.W., **Reed, K.**, & Wickrama, K.A.S. (2016, November). *Post-high school military enlistment, social support, & long-term wellbeing* [Poster Session]. National Council on Family Relations Annual Conference, Minneapolis, MN.
- Reed, K.**, Withers, M. C., Ferraro, A. J., Lucier-Greer, M., & Duncan, J. M. (2016, November). *Self-esteem and depression throughout emerging adulthood: Role of family* [Poster Session]. National Council on Family Relations Annual Conference, Minneapolis, MN.
- Reed, K.** (2016, September). *Emerging adult self-concepts and depression* [Paper Presentation]. American Association for Marriage and Family Therapy Conference, Indianapolis, IN.
- Duncan, J. M., Withers, M. C., Lucier-Greer, M., **Reed, K.**, & Ferraro, A. J. (2016, March). *Leisure, relatedness, & psychological vulnerability in emerging adults* [Paper Presentation]. Southeastern Council on Family Relations Conference, Orlando, FL.
- Ferraro, A. J., Lucier-Greer, M., Withers, M. C., **Reed, K.**, & Duncan, J. M. (2015, November). *Family relationship dynamics on depression trajectories: A profile analysis* [Paper Presentation]. National Council on Family Relations Annual Conference, Vancouver, BC.
- Reed, K.**, Lucier-Greer, M., †Fixelle, C., Ferraro, A. J., & Duncan, J. M. (2015, October). *Autonomy supportive parenting and emerging adult self-efficacy: Implications for mental and physical health* [Paper Presentation]. Society for the Study of Emerging Adulthood Biennial Conference, Miami, FL.
- Reed, K.**, Lucier-Greer, M., Parker, T. S., & Rehm, M. (2015, October). *Exploring how parental divorce provides meaning to personal development and interpersonal experiences among emerging adult women* [Paper Presentation]. Society for the Study of Emerging Adulthood Biennial Conference, Miami, FL.
- Duncan, J. M., Lucier-Greer, M., Okafor, E., Ferraro, A. J., & **Reed, K.** (2015, March). *Risk factors for depression and stress in emerging adults: The role of social support* [Paper Presentation]. Southeastern Council on Family Relations, Shreveport, LA.
- Reed, K.**, Ferraro, A. J., Lucier-Greer, M., & †Barber, C. (2014, November). *Adverse family influences on emerging adult depressive symptoms: A stress process approach to identifying intervention points* [Paper Presentation]. National Council on Family Relations Annual Conference, Baltimore, MD.
- Proposal was awarded "Best Student Proposal" by the Education and Enrichment section of NCFR.*
- Denton, W. H., Withers, M. C., **Reed, K.**, & Bell, C. (2014, October). *DSM V: First order change in a new millennium* [Workshop]. American Association for Marriage and Family Therapy Annual Conference, Milwaukee, WI.

† denotes undergraduate student

Hawks, J. M., **Reed, K.**, Parker, T. S., Blackburn, K., Sitton, M., Nordquist, E., Werner-Wilson, R., Wood, N. (2013, November). *Inside the brain: Couples' affect, empathy, and frontal alpha asymmetry* [Poster Session]. National Council on Family Relations Annual Conference, San Antonio, TX.

Hawks, J., Nordquist, E., **Reed, K.**, Parker, T., Blackburn, K., Kimberly, C., Werner-Wilson, R., Wood, N. (2012, September). *Couple's empathy and mirrored physiology: A pilot study* [Poster Session]. American Association of Marriage and Family Therapy Annual Conference, Charlotte, NC.

GRANT ACTIVITY

Funded (6 total)

Reed-Fitzke, K. [PI], & Duncan, J. M. [Co-I]. (July 2019-August 2021). *Identifying at-risk U.S. Army soldiers: A person-centered approach to adverse childhood experiences*. Society for Military Psychology. Total award: \$2,500.

Reed-Fitzke, K. [PI], & *Hamilton, A. [Co-I]. (August 2020-May 2021). *Developing a Capacity for Social Resource Management Scale for use in ROTC programs*. UI Measurement Research Foundation. Total award: \$38,000.

Reed-Fitzke, K. [PI], & *Watters, E. R. [Co-I]. (August 2019-May 2020). *An examination of developmentally-appropriate measures of resilience for use among collegiate emerging adults*. UI Measurement Research Foundation. Total award: \$25,555.

Mikucki-Enyart, S. L. [Co-PI], & **Reed-Fitzke, K.** [Co-PI]. (July 2019-August 2019). *Leveraging communication and couple therapy to reduce emerging adult college student's intimate partner violence following partner infidelity*. UI Public Policy Center. Total award: \$6,000.

Reed-Fitzke, K. [PI] (May 2018-August 2018). *Interconnections of self-concepts and mental health of emerging adults across time and generation*. UI Office of the Provost. Total award \$6,000.

Reed, K. [PI] (January 2016-August 2016). *Basic psychological needs among emerging adults*. Florida State University. Total award \$1,000.

Not Selected/Invited

Reed-Fitzke, K. [Co-PI], Ferraro, A. J. [Co-PI], & Johannes, E. M. [Co-I]. (January 2020). *Leveraging parenting behaviors in the context of socioeconomic disadvantage: Inequalities in behavioral health*. William T. Grant Foundation. Total requested: \$148,500.

*denotes graduate student

- Mikucki-Enyart, S. L. [Co-PI], & **Reed-Fitzke, K.** [Co-PI]. (November 2019). *Identifying effective uncertainty management as a protective factor against emerging adult college students' intimate partner violence following partner infidelity*. Obermann Center for Advanced Studies. Total requested: \$6,000.
- Conrad, A. [Co-PI], Wojciak, A. J. [Co-PI], **Reed-Fitzke, K.** [Co-I], Frisvold, D. [Co-I], & Sukalski, A. [Co-I]. (May 2019). *Mapping ACE vulnerability profiles in Iowa*. Telligen Community Initiative. Total requested: \$49,559
- Reed-Fitzke, K.** [Co-PI], Ferraro, A. J. [Co-PI], & Johannes, E. M. [Co-I]. (April 2019). *Leveraging parenting behaviors: The intergenerational transmission of social inequality and behavioral health*. William T. Grant Foundation. Total requested: \$132,000.
- Mikucki-Enyart, S. L. [Co-PI], & **Reed-Fitzke, K.** [Co-PI]. (December 2018). *Integrating communication and couple therapy to understand emerging adult's uncertainty management following partner infidelity: Theoretical and practical implications*. Central States Communication Association. Total requested: \$5,000.
- Mikucki-Enyart, S. L. [Co-PI], & **Reed-Fitzke, K.** [Co-PI]. (November 2018). *Integrating communication and couple therapy to understand emerging adult's uncertainty management following partner infidelity: Theoretical and practical implications*. Obermann Center for Advanced Studies. Total requested: \$12,000.
- Reed-Fitzke, K.** [Co-PI], & Ferraro, A. J. [Co-PI]. (August 2018). *All in the family: Intergenerational transmission of social inequality and sociopolitical beliefs*. Russell Sage Foundation. Total requested: \$74,980.
- Killian, T. [PI], Duncan, J. M. [Co-I], Grey, M. [Co-I], Ferraro, A. J. [Consultant], **Reed-Fitzke, K.** [Consultant], & McNeil, C. [Consultant]. (March 2018). *Identifying variations in health and quality of life of aging veterans: Research and evidence-based outreach programming*. Chancellor's Innovation and Collaboration Fund, University of Arkansas Office of the Provost. Total requested: \$80,854.
- Reed-Fitzke, K.** [PI], & Duncan, J. M. [Consultant]. (March 2018). *Identifying at-risk new soldiers: Connections to mental health and likelihood of seeking help*. American Psychological Foundation. Total requested: \$19,922.
- Reed-Fitzke, K.** [PI]. (February 2018). *Examining the measurement of parent and emerging adult child perceptions*. University of Iowa Measurement Research Foundation. Total requested: \$36,272.

MEDIA PUBLICATIONS, APPEARANCES, & FEATURES

- The Gazette. (2020, March 25). *Family counselors' tips on managing stress at home during coronavirus pandemic* [News report].
<https://www.thegazette.com/subject/news/health/family-counselors-tips-on-managing-stress-at-home-during-coronavirus-pandemic-20200325>

- Romper. (2019, August 26). *I'm the product of helicopter parenting & want my son to feel free*. [Blog]. <https://www.romper.com/p/im-the-product-of-helicopter-parenting-want-my-son-to-feel-free-18658570>
- The Daily Iowan. (2019, July 10). *UI research promotes early intervention for service members' mental health*. [News report]. <https://dailyiowan.com/2019/07/10/ui-research-promotes-early-intervention-for-service-members-mental-health/>
- Iowa Now. (2019, May 28). *Reed Fitzke receives grant to help identify at-risk soldiers*. [News report]. <https://now.uiowa.edu/2019/05/reed-fitzke-receives-grant-help-identify-risk-soldiers>
- University of Arkansas News. (2019, March 21). *Research finds social support helps students overcome "task overload"* [News report]. <https://news.uark.edu/articles/46602/research-finds-social-support-helps-students-overcome-task-overload->
- University of Iowa College of Education News. (2018, July 24). *Fitzke analyzes parental involvement and student success* [News report]. <https://education.uiowa.edu/news/fitzke-analyzes-parental-involvement-and-student-success>
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TEACHING

Graduate Courses

PSQF 4162	Introduction to Couple and Family Therapy (UI)
RCE 5222	Counseling Children and Adolescents in Schools (UI)
PSQF 5262	Advanced Couple and Family Therapy (UI)
PSQF 5265	Research Methods in Couple and Family Therapy (UI)
RCE 7353	Advanced Counseling and Psychotherapy (UI)
RCE 7361	Advanced Practicum in Couple and Family Therapy (UI)
GRAD 7400	Practicum in College Teaching (UI)
PSQF 7493	PhD Thesis in Psychological and Quantitative Foundations (UI)
PSQF 7500	Internship in Couple and Family Therapy (UI)

Undergraduate Courses

FAD 2230	Family Relationships: A Life Span Development Approach (FSU)
HONR 3150	Honors Service Learning (UI)
CHD 3243	Contexts of Adolescent Development (FSU)
FAD 3343	Contexts of Adult Development and Aging (online; FSU)
FAD 3432	Stress and Resilience in Individuals and Families (FSU)
PSQF 4133	The Adolescent and Young Adult (UI)
RCE 4145	Marriage and Family Interaction (online; UI)
RCE 4162	Introduction to Couple and Family Therapy (online; UI)
PSQF 5193	Special Readings and Projects (UI)

Doctoral Committee Chair

Anticipated 2023	Hamilton, A. doctoral student.
Anticipated 2023	Ramos, M, doctoral student.
Anticipated 2022	Watters, E. R., doctoral candidate.
Anticipated 2021	Smith, K. M., doctoral candidate.

Doctoral Committee Member

Anticipated 2020 Cobb, K., doctoral candidate.
 Anticipated 2020 Frazier, A., doctoral candidate.
 Anticipated 2020 Range, B., doctoral candidate
 2019 Gamboni, C., graduate.
 2019 Gutierrez, D., graduate.
 2019 Strachan, T., graduate.

Honors and Awards Presented to Mentees

2020 *T. Anne Cleary Psychological Research Scholarship*, UI. Awarded to Elizabeth R. Watters.
 2019-2020 *Behavioral Health Workforce Education and Training Fellowship*, Health Resources and Services Administration of the U.S. Department of Health and Human Services. Awarded to Elizabeth R. Watters and Kevin M. Smith.
 2019 *Maureen Medberry Snell Education Award*, UI. Awarded to Elizabeth R. Watters.
 2018 *Education and Enrichment Section Student Proposal Award*, NCFR. Awarded to Kevin M. Smith.
 2018 *Graduate Diversity Scholarship*, UI. Awarded to Elizabeth R. Watters.

PROFESSIONAL AFFILIATIONS, SERVICE, AND DEVELOPMENT

Current Membership in Professional Organizations

American Association for Marriage and Family Therapy (AAMFT)
 National Council on Family Relations (NCFR)
 Society for Military Psychology - Division 19 of the American Psychological Association
 Society for the Study of Emerging Adulthood (SSEA)

Ad Hoc Reviewer for Refereed Journals

Basic and Applied Social Psychology
 Contemporary Perspectives in Family Research
 Emerging Adulthood
 Family Relations
 Frontiers in Psychology
 Journal of Adult Development
 Journal of Applied Developmental Psychology
 Journal of Child and Family Studies
 Journal of Family Issues
 Journal of Family Studies
 Military Behavioral Health
 Military Medicine
 Professional Psychology: Research and Practice

Service to Professional Organizations

2017-Current *Military Families and Children Focus Group Co-Chair, NCFR*
 2018 *Focus Group Award Committee Reviewer, NCFR*
 2014-2020 *Conference Proposal Reviewer, NCFR*
 2013-2020 *Conference Proposal Reviewer, AAMFT*
 2014-2017 *Diversity and Ethics Committee Member, Florida AMFT*
 2014-2016 *Secretary, Tallahassee AMFT*
 2015 *Paper Presentation Session Chair, SSEA*
 2015 *Conference Proposal Reviewer, SSEA*
 2013-2014 *Social Media, Recruitment, and Marketing Director, Tallahassee AMFT*
 2011-2013 *Secretary, UK Student AMFT*
 2012 *Conference Student Volunteer, AAMFT*
 2011 *Conference Student Volunteer, Kentucky AMFT*
 2011 *New Volunteer Trainer, RAFT Crisis and Intervention Hotline*
 2009-2011 *Crisis Hotline Operator, RAFT Crisis and Intervention Hotline*

University Service

2019 *Veteran and Military-Affiliated Task Force Career and Professional Development Subcommittee, UI*

Collegiate Service

2018-Current *I-SERVE Advisory Board Member, UI*
 2018-Current *College of Education Scholarship Committee Department Representative, UI*
 2015-2016 *College of Human Sciences Dissertation Award Program Committee, FSU*

Department Service

2020-Current *P&Q Department Twitter Manager, UI*
 2019-Current *CFT Program Social Media Manager, UI*
 2019-Current *Recruitment and Marketing Work Group, UI*
 2016 *Quality Enhancement Review Panel Doctoral Student Representative, FSU*
 2015 *Graduate Student Representative, Assistant Professor Search Committee, FSU*
 2014 *Doctoral Student Interview Co-Chair, FSU*

Professional Development

2019-Current *NCFR Mentoring Academy, Mentor: Dr. Wendy Middlemiss*
 2020 *"Women in the Military: Special Contributions and Unique Challenges" by Military Families Learning Network*
 2017-2019 *UI College of Education New Faculty Luncheon Series*
 2018 *"Write Winning Grant Proposals Phase I Seminar" by Dr. John Robertson*
 2018 *Guide for Department of Defense Research Funding Luncheon*
 2018 *UI College of Education Faculty Media Training*

2018	<i>NIH Regional Conference</i>
2018	<i>UI Threat Assessment Team & Violent Incident Survival Training</i>
2018	<i>“The Guide for White Women Who Teach Black Boys” Seminar</i>
2017	<i>Defense Centers of Excellence for Psychological Health and TBI Summit</i>
2017	<i>“Planning and Writing Successful Grant Proposals Seminar” by Dr. Peg AtKisson</i>
2017	<i>UI Early Career Faculty Teaching Academy</i>
2017	<i>Safe Zone Phase I Training</i>
2015	<i>Social Media: Beyond Blackboard Workshop</i>
2013	<i>Program for Instructional Excellence Teaching Conference</i>

CLINICAL PRACTICE

2017-Current	<u>Supervisor</u> , University of Iowa LGBTQ Counseling Clinic, Iowa City, IA. Provide individual and group supervision to couple and family therapy doctoral students and psychiatry residents who conduct biopsychosocial assessments, provide gender affirming procedure support letters, and ongoing individual, couple, and family therapy.
2015-2017	<u>Clinical Social Worker</u> , Tallahassee Memorial Hospital Behavioral Health Center, Tallahassee FL. Provided patients with psychiatric and substance abuse disorders and their families with therapy services, conducted biopsychosocial assessments, and contributed to treatment planning and review. Responsible for health insurance authorizations and case management documentation.
2013-2015	<u>Therapist</u> , FSU Center for Couple and Family Therapy, Tallahassee, FL. Conducted individual and couple's therapy within the university and community.
2013-2013	<u>Mental Health Technician</u> , Ridge Behavioral Health System, Lexington, KY. Responsible for healthy milieu, daily substance abuse and coping skills groups.
2012-2013	<u>Parenting Workshop Coordinator</u> , Lansdowne Elementary School, Lexington, KY. Led 5-series workshop. Corresponded with school social worker to create workshop curriculum and coordinated staff.
2012-2013	<u>Co-Parenting Workshop Coordinator</u> , UK Family Center, Lexington, KY. Facilitated 15+ sessions for court-ordered parents.
2011-2013	<u>Therapist Intern</u> , UK Family Center, Lexington, KY. Provided therapy services to a diverse population of individuals, couples, and families. Served contracts in a local high school and two elementary schools.